



WHAT TO BRING TO THE HOSPITAL

Medical History & Prescriptions

Download our Medication & Past Medical & Surgical History templates using the following links:

<https://www.ladybonedoc.com/thrive-thursdays>

Advance Directives

Documents that guide your medical treatment when you may not be capable of making those decisions for yourself.

LIVING WILL

Alerts medical professionals & your family of what your wishes are about your medical care

MEDICAL/HEALTHCARE POWER OF ATTORNEY (POA)

Allows you to determine who will make decisions for you if you are unable to make decisions for yourself.

WHAT IF I DON'T HAVE A POA?

Your next of kin is in control.

WHO IS MY NEXT OF KIN?

It varies by state. For example; in Georgia, the next of kin, in order of priority, is your spouse, children, parents, siblings, and grandparents.

RESOURCES

AARP

<https://www.aarp.org/caregiving/financial-legal/free-printable-advance-directives/>

American Cancer Society

<https://www.cancer.org/treatment/finding-and-paying-for-treatment/understanding-financial-and-legal-matters/advance-directives/types-of-advance-health-care-directives.html>

National Institute on Aging

<https://www.nia.nih.gov/health/advance-care-planning-health-care-directives>



WHAT TO DO WHILE YOUR LOVED ONE IS IN THE HOSPITAL

Know your care team!

BEDSIDE NURSE

The nurse that takes care of your family member daily.

CHARGE NURSE

Nurse supervisor for that section of the hospital.

CASE MANAGER/SOCIAL WORKER

Helps with plans for when your family member leaves the hospital.

ATTENDING DOCTORS

The doctors who are directly taking care of your family member.

HOSPITALISTS

A physician that is hired by the hospital to be in charge of your family member's care while he or she is in the hospital.

SPECIALISTS

ORTHOPEDISTS (ORTHOPEDIC SURGEON) - Bone & joint doctor

NEPHROLOGISTS - Kidney doctor

UROLOGISTS - Bladder doctor

CARDIOLOGISTS - Heart doctor

PULMONOLOGISTS - Lung doctor

GASTROENTEROLOGISTS - Stomach doctor